



Reality Television

Take a Stand

This book discusses the history and evolution of reality TV. It points out the fact that reality TV is often not real and that viewing this type of programming can have a negative impact. Take a position on whether you think reality TV is harmless entertainment or potentially harmful. Write a short essay detailing your opinion. Give reasons for your opinion as well as facts and details that support those reasons.



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You Are There

Imagine you are involved in reality TV in some way—maybe as a star, a host, or a producer. Write 300 words describing your life. What do you see happening each day? Who is around you? How easy or difficult is your life? Do you find you are on an emotional roller coaster? Is everything that is happening to you good?



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Tell the Tale

This book discusses the reality of reality TV. Write 200 words that tell the true story of how reality TV works. Be sure to set the scene, develop a sequence of events, and write a conclusion.



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Dig Deeper

What questions do you still have about reality TV? Do you want to learn more about how it began? Or about the different kinds of reality TV shows? Write down one or two questions that can guide you in doing research. With an adult's help, find a few reliable new sources about reality TV that can help answer your questions. Write a few sentences about how you did your research and what you learned from it.